A storm on the Plains if an ocean roused itself in our hearing, declaring: "stillness!" "Peace!" would we fall silent or carry on about what's "right" our rights and clamor for stillness and peace to be lost on us like the rest after storms rush through our hearts and minds bodies tuned to what frequencies frequently will determine what is received and relieved of the twisting burden lightening across the plains oceans roused implacably rest in peaceful stillness

- thunderous quiet